



Shri. K. N. Goenka Arts & Commerce College, Karanja

Department of Physical Education

Annual Report of Session 2022-2023

Following Teams were participated in Inter-Collegiate Tournaments of S.G.B. Amravati University, Amravati:

Sr. No.	Game	Men Student
01.	Wrestling	11
02.	Power Lifting	01
03.	Basketball	12
04.	Volleyball	12
05.	Athletic Meet	07

Achievement in Inter Collegiate Tournaments:

Sr. No.	Name of the Player	Event	Ranking / Status
1.	Subhan Pappuwale	Wrestling (92 Kg.)	1 st Place
2.	Altamash Hak	Wrestling (86Kg.)	2 nd Place

We gave Physical Fitness Training and coaching to all students which participated in Tournaments.

Participation of Inter University Tournaments:

Sr. No.	Name of Player	Event	Status	Place
1.	Ku. Nilofar Bhuriwale	Basketball	West Zone Inter University Tournament	Shri. Vaishnav Vidyapeeth Vishwavidyalaya, Indor
2.	Sh.Niraj Lahore	Basketball	West Zone Inter University Tournament	Mohanlal Sukhadiya University, Udaipur
3.	Sh. Subhan Pappuwale	Wrestling	All India Inter University	Shivaji University, Kolhapur
4.	Sh. Nadeem Shaikh	Handball	Standby Player	-----

Sports Committee Members. :

1. Prin. Dr. V. R. Kodape - Chairman
2. Dr. Anjali Barde - Convener
3. Prof. Onkar Pawar - Member
4. Dr. Baljeet Kaur Oberai - Member
5. Dr. Sunil Rathod - Member

All Students were selected by Sports Committee members for Inter Collegiate Tournaments.

International Yoga Day Celebration

Collaboration	:	Department of N.S.S.
Date	:	21st June 2022
Chairperson	:	Principal Dr. V.R.Kodape
Inaugurator	:	Dr. P.P. Yeole, IQAC Coordinator
Number of Beneficiaries	:	Teachers 08
		Non-teaching staff 10
		Total 18

Outcome of the Programme:

After some days, almost everyone get bored to do yoga but after celebrating this yoga day, everyone gets excited to do yoga again.

Short Description of the Programme:

In Session 2022-2023, International Day of Yoga was celebrated on 21st June 2022 by Department of Physical Education and sports with collaboration with department of N.S.S.

Teaching and Non- teaching staff were attended this programme. N.S.S. Co-ordinator, Dr. Kiran Waghmare had given the demonstration of different Yoga asana, Pranayama and meditation also. The conduction of the program was done Anjali Barde, Director of Physical Education and N.S.S. coordinator Dr. Kiran Waghmare. Anjali Barde had presented the proposal of programme. The President of the programme Principal Respected Dr. V.R .Kodape had given the valuable speech on the theme of Yoga day. Sports Committee member Dr. Sunil Rathod thanked everyone at the event. And the programme was concluded with the permission of the President.

The Theme of this Yoga Day: This International Yoga day's theme was "Yoga for Humanity".

Photos of Programme



News of Programme

कि. न. महाविद्यालयाच्या वतीने आंतरराष्ट्रीय योग दिवस साजरा

कारंजा (साप्ताहिक कारंजा सामना प्रतिनिधी)येथील किसनलाल नथमल गोयनका कला व वाणिज्य महाविद्यालयातील शारिरीक शिक्षण विभाग व राष्ट्रीय सेवा योजना विभागाच्या वतीने आंतरराष्ट्रीय योग दिन आभासी पध्दतीने साजरा करण्यात आला.

महाविद्यालयाचे प्राचार्य डॉ. विनय कोडापे अध्यक्षस्थानी होते ,तर शारिरीक शिक्षण विभाग प्रमुख डॉ. अंजली बरडे , राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी डॉ. किरण वाघमारे,राष्ट्रीय सेवा योजना महिला कार्यक्रम अधिकारी डॉ.

निलम छंगाणी ,प्राध्यापक वर्ग व शिक्षकेत्तर कर्मचारी ,रा.से.यो. विद्यार्थी प्रतिनिधी ऋषीकेश चव्हाण व रा.से.यो. विद्यार्थीनी प्रतिनिधी गायत्री गाठोडे तसेच महाविद्यालयीन विद्यार्थी या कार्यक्रमाला उपस्थित होते.

डॉ. किरण वाघमारे यांनी या कार्यक्रमातून सहभागी सर्वांना योगासनांचे धडे देत योगासनाचे जीवनातील महत्त्व लक्षात आणुन दिले. कार्यक्रमाचे सूत्रसंचालन डॉ. अंजली बरडे यांनी केले तर डॉ. निलम छंगाणी यांनी आभार मानले.

Independence Day: 15th August 2022

Name of Programme : Independence Day

Organization : Department of Physical Education and Sports

Date : 15 August 2022

Chief Guest : Prin. Dr. V. R. Kodape

Outcome of the Programme:

Independence Day of India is celebrated on 15th August every year with great enthusiasm in our College. This year being the Amrit Mahotsav of Independence day, all the staff, students were very enthusiastic. Indians dedicate this day to all those brave leaders and fighters who gave freedom to our Mother India on this day.

Short Discription of the Programme

India's Independence Day is a events are being organised to mark India's glorious history & culture On August 15, 1947. The day marks the sacrifices of our brave leaders and freedom fighters who gave away their everything for the sake of the nation.

All the college Students, Teaching, Non-Teaching Staff celebrated this Amerit Mahotsav year of Independence Day. Flag hoisting was done by Dr. V.R. Kodape. The faculty, Teaching, non-teaching staff and students of the college were present on this occasion.



National Sports Day:

Collaboration	:	Department of IQAC
Date	:	29th August 2022
Chairperson	:	Prin. Dr. V.R.Kodape
Inaugurator	:	Dr. M.M. Bhawe
Speakers	:	Dr.M.M. Bhawe
Number of Beneficiaries	:	Teachers 11
		Students 76
		Total 87

Outcome of the Programme:

Because of such program students should get knowledge about dedication of Major Dhyanchand for sports and our country. They should be develop interest in sports and develop sportsmanship in students.

Short Description of the Programme:

In the session 2022-2023, on the occasion of National Sports Day, the Department of Physical Education and Sports organized a Programme. After this programe, we organized the Intramural matches for the students of the college on 29th August 2022. At the beginning of the program, these Principal lighted the lamp and worshiped the Photo of the greatest magician of Hockey Major Dhyanchand. Then Dr. Anjali Barde, Director of Physical Education, gave introduction of this Programme and Intramural matches. After that, Dr. Bhawe guided the students. Then in presidential address, Respected Principal Dr. V.R.Kodape encouraged players to play and gave best wishes to them. Then the matches were inaugurated by Respected Principal and the matches started with excitement.

Photos of Programme



The Berar General Education Society, Akola's
SHRI. KISANLAL NATHMAL GOENKA ARTS & COMMERCE COLLEGE, KARANJA
(LAD) , DIST- WASHIM

Games & Sports Achievement

2022-2023

Colour Holdres

Niraj Lahore
Basketball
Maharashtra State Inter University
&
West Zone Inter University



Ku. Nilofar Bhuriwale
Basketball
Maharashtra State Inter University
&
West Zone Inter University



Subhan Pappuwale
Wrestling
All India Inter University Tournaments



Nadeem Sheikh
Handball
3rd Standbye
West Zone Inter University



Republic Day

Date : **26th JANUARY 2023**

Chairperson : **Res. Prin. Dr. V.R.Kodape**

Chief Guest : **Res. Dr. Ajay Kant**

Executive member, the B.G.E.Society, Akola

Number of Beneficiaries :	Teachers	24
	Students	200
	Total	224

Outcome of the Programme:

Republic Day of India is celebrated throughout India on 26th January every year with great splendour and joy. On this day, all Indians remember and rejoice that the Constitution of India was implemented through India.

Short Discription of the Programme:

Every year, Republic Day celebrated in the college with great enthusiasm. The flag hoisted by Principal Dr. V.R.Kodape. Dr. Ajay Kant , Shri. Bansidharji Upadhyay, Shri. Rajesh Kashyap, Shri. Rajesh Bang, Shri. Daryapurkar, Dr. Anagha Kant, Shri. Pravin Bang were prominent presence. Every year the award and Certificates are given to the students which excel in academics as well as in Sports to motivate them. This year also the memorious students were given prizes and certificates by dignitaries.

Photos of the Programme



Maharashtra Day

Date : 1st May 2023

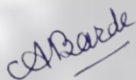
Chairperson : Res. Prin. Dr. V.R.Kodape


Number of Beneficiaries : Teachers & Non-Teaching 24


Short Discription of the Programme:

Every year, Maharashtra Day celebrated in the college. The flag hoisted by Principal Dr. V.R.Kodape. Teaching and Non-Teaching staff were present to this programme.




Director
Deptt. of Sports & Phy. Edn.
S.K.N. G. College, Karanja (Lad)


Coordinator
I.Q.A.C.
S.K.N.G. College, Karanja Lad


Officiating Principal
Shri K. N. Goenka College
Karanja Lad