



Shri.K.N.Goenka Arts & Commerce College, Karanja (Lad), Dist.: Washim

Department of Physical Education

Annual Report of Session 2018-19

In the session 2018-2019, following teams participated in Inter-Collegiate Tournaments of S.G.B.A.U. Amravati University, Amravati:

Sr. No.	Game	Men Student	Girls Student
01.	Cross Country	03	--
02.	Best Physique	01	--
03.	Weight Lifting	02	--
04.	Power Lifting	02	--
05.	Volleyball	10	08
06.	Basketball	10	07
07.	Kabaddi	09	--
08.	Athletic	06	01
09.	Wrestling	03	--

Achievement in Inter Collegiate Tournaments:

Sr. No.	Name of the Player	Event	Ranking / Status
1.	Waseem Chaudhari	Wrestling	2 nd Place
2.	Ramjan Garwe	Weight Lifting	3 rd Place

We gave Physical Fitness Training and coaching to all students which participated in Inter-Collegiate Tournaments.

Colour-Holder:

Sr. No.	Name of Player	Event	Status	Place
1.	Waseem Chaudhari	Wrestling (86Kg.)	All India Inter University Tournament	Chaudhary Bansilal University, Bhiwani (Haryana)

Sports Committee Members:

1. Prin. Dr. V. R. Kodape - Chairman
2. Prof. Anjali Barde - Convener
3. Prof. Onkar Pawar - Member
4. Dr. Baljeet Kaur Oberai - Member

All Students were selected by Sports Committee members for Inter Collegiate Tournaments.

Games & Sports Achievement

2018-2019

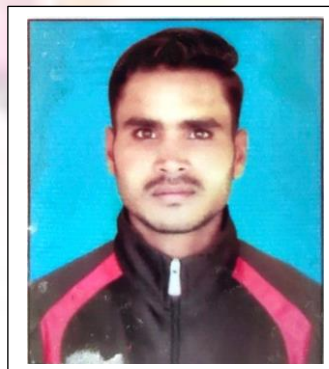
Waseem Chaudhari

S. G. B. Amravati University Wrestling Team
All India Inter University
&
2nd Place in Inter Collegiate Tournaments



Ramjan Garwe

3rd Place in Weight Lifting
Inter-Collegiate Tournaments



International Yoga Day:

Name of the Programme	:	Celebration International Yoga Day
Organization	:	Department of Sports &Phy. Edn.
Date	:	21st June 2018
Chairperson	:	Prin. Dr. V. R. Kodape
Yoga Teacher	:	Shri. Kiran Lawarwar
Number of Beneficiaries	:	Teachers & Employee - 24

Outcome of the Programme:

Due to proper guidance and Demo, all the Staff and Faculty members should improve their health to live good healthy Life.

Short Description of the Programme

International Day of Yoga was celebrated on 21st June 2018 by Department of Physical Education and sports.

Teaching and Non- teaching staff were attended this programme. Considering the health of the employees and teaching staff of the college, yoga was conducted for them. Yoga Experts Shri.Kiran Lawarwar of Art of Living Pariwar, Karanja, had given the demonstration of different Yoga Asanas and Pranayam. The conduction of the program was done Anjali Barde, Director of Physical Education. The President of the programme was held by College's Principal Respected Dr. V.R.Kodape had given the valuable speech.

The Theme of this Yoga Day: The fourth International Yoga day's theme was **"Yoga for Peace"**



Independence Day: 15th August 2018

Name of Programme : Independence Day

Organization : Department of Physical Education and Sports

Date : 15 August 2018

Chief Guest : Prin. Dr. V. R. Kodape

Guest : Dr. Ajayji Kant,

Shri. Bansidharji Upadhyay.

All teaching & non-teaching Staff

Outcome of the Programme:

Independence Day of India is celebrated on 15th August every year with great enthusiasm & joyfully all over India. Indians dedicate this day to all those brave leaders and fighters who gave freedom to our Mother India on this day. All the student,teacing,non-teaching staff celebrated this day with joy in our college.

Short Discription of the Programme:

India's Independence Day is a events are being organised to mark India's glorious history & culture On August 15, 1947.

The day marks the sacrifices of our brave leaders and freedom fighters who gave away their everything for the sake of the nation.

All the college Students, Teaching,Non-Teaching Staff celebrated this day with joy in the presence of the chief guest at Shri. Kisanlal Nathmal Goenka College. Flag hoisting was done by Dr. V.R. Kodape. Office bearers of Berar General Education Society Akola were present on this occasion. All the faculty, non-teaching staff and students of the college were present on this occasion.

National Sports Day:

Name of the Programme	:	Celebration of National Sports Day
Organization	:	Department of Sports & Physical Education
Date	:	30th August 2018
Chairperson	:	Prin. Dr. V. R. Kodape
Speakers	:	Dr. Rajesh Chandrawanshi R.L.T.Science College, Akola
Number of Beneficiaries	:	Teachers 3 Students 188 Total 191

Outcome of the Programme:

Due to guidance of the relevant subject, the students gained information regarding job opportunities through sports, which will definitely be useful to them in their future life.

Short Description of the Programme:

In the session 2018-2019, on the occasion of National Sports Day, the Department of Physical Education and Sports arranged a guest lecture on “Opportunities through Sports” for the students of the college on 30th August 2018. At the beginning of the program, the guest lighted the lamp and worshiped the Photo of great Major Dhyanchand.

The reason behind the lecturing on this topic is that students don't know what opportunities they can get from sports. Hence their participation in sports is very poor. But once they know about the opportunities of sports, they will definitely get interested in the games and their participations will increase. For this purpose, the Department of Physical Education and Sports arranged a lecture on an important topic. After guest lecture, Respected Principal Dr. V.R. Kodape gave valuable guidance to the students in their presidential speech.

Photos of Programme



Organization of Inter collegiate Women Table Tennis B-Zone Tournaments of SGBAU Amravati University:

Name of the Programme	:	Inter-Collegiate Women Table Tennis Tournament (Zone:B)
Date	:	18th to 20th September 2018
Inauguration Program		
Chairperson	:	Res. Dr. V.R. Kodape Principal, SKNG College, Karanja
Inaugurator	:	Res. Dr. Subhash Gawai Principal, Smt. S. D. College, Karanja

Chief Guest :

Res. Shri. Vijay Bagade

President, The Washim District T.T. Asso.

No. of participated Team : 26

Prize Distribution Ceremony :

Chairperson

: Res. Dr.V.R. Kodape

Principal, S.K.N.G.College, Karanja

Chief Guest

: Res. Dr. Halwe

Principal, S.S.S.K.R. Innani College, Karanja

Res. Dr. D. Dongare

S.S.S.K.R. Innani College, Karanja

Outcome of the Tournament :

Winner Team

: Ram Meghe Institute of Tech.,

Badnera

Runner Team

: SSSKR Innani College, Karanja

Photos of Program



News of Program

आंतर महाविद्यालयीन टेबल टेनिस स्पर्धा उत्साहात संपन्न

कारंजा हाड, २१ सप्टेंबर
येथील कि. न. महाविद्यालया
मध्ये संत गाडगेबाबा अमरावती
विद्यापीठ अंतर्गत आंतर
महाविद्यालयीन महिलांच्या टेबल
टेनिस स्पर्धा १८ ते २० सप्टेंबर या
दरम्यान संपन्न झाल्या.
या स्पर्धेचे उद्घाटन श्रीमती
शकुंतलाबाई धाबेकर
महाविद्यालयाचे प्राचार्य डॉ. सुभाष
गवई, प्रमुख अतिथी वाशीम जिल्हा
टेबल टेनिस असोसिएशनचे अध्यक्ष
विजय बगडे, कि.न. महाविद्यालयाचे
प्राचार्य डॉ. विनय कोडपे याची
उपस्थिती होती. उद्घाटन झाल्यानंतर
सर्व उपस्थितांनी स्पर्धेसाठी खेळाडूंना
शुभेच्छा दिल्या. या स्पर्धेमध्ये संत
गाडगेबाबा अमरावती विद्यापीठ
अंतर्गत बी झोन मधील २६
महाविद्यालयांनी सहभाग नोंदविला
होता.
अंतिम सामन्यात एस. एस. एस.



टेबल टेनिस स्पर्धेतील कि. न. महाविद्यालयाचा उपविजेता संघ

के. आर इत्राणी महाविद्यालयाची चम्पू
उपविजयी ठरली तर राम मेघे
इंस्टीट्यूट ऑफ टेक्नॉलॉजी, बडनेरा
ची चम्पू विजयी ठरली.
समारोपिय कार्यक्रमासाठी
अतिथी म्हणून इत्राणी
महाविद्यालयाचे प्रा. डॉ. हळवे, प्रा.
डॉ. डोंगरे उपस्थित होते. अतिथी
मान्यवऱ्यांच्या हस्ते विजयी चमुंना

सन्मानचिन्ह देऊन गौरविण्यात आले.
स्पर्धा द बेरार एज्युकेशन
सोसायटी अकोलाचे अध्यक्ष डॉ.
राजकुमार हेडा, मानद सचिव अॅड.
मोतीसिंह मोहता, सहसचिव शरद
चवरे व संस्थेचे पदाधिकारी यांच्या
मार्गदर्शनात यशस्वीरित्या पार
पडल्या.

१(तभा वृत्तसेवा)

Republic Day

Date : 26th JANUARY 2019

Chairperson : Res. Prin. Dr. V.R.Kodape

Chief Guest : Res. Dr. Ajay Kant

Executive member, the B.G.E.Society, Akola

Number of Beneficiaries	:	Teachers	30
		Students	200
		Total	230

Outcome of the Programme:

Republic Day of India is celebrated throughout India on 26th January every year with great splendour and joy. On this day, all Indians remember and rejoice that the Constitution of India was implemented through India.

Short Discription of the Programme:

Every year, Republic Day celebrated in the college with great enthusiasm. The flag hoisted by Principal Dr. V.R.Kodape. Dr. Ajay Kant and Shri. Bansidharji Upadhyay were prominent presence. Every year the award and Certificates are given to the students which excel in academics as well as in Sports to motivate them. This year also the memorious students were given prizes and certificates by dignitaries.

Photos of Program



Physical Efficiency Test:

Physical Efficiency Test was conducted on 27th January to 1st February 2019.

175 Boys Student & 185 Girls Students of B.A. & B. Com. I & II Year were

Participated in this Test. The College was sent Test Report to University.



Organization of Inter-Society Colleges Kabaddi Tournament:

The Berar General Education Society, Akola organized Sports Meet from this year for all students which admitted in our Berar General Education Society Akola's Colleges.

In that Sports meet we organized Kabaddi Tournaments (M&W) in our College on 11th January 2019. In this Tournaments 4 Men Teams participated. Our Boys Team Win Final Match.



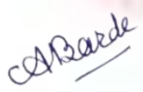
Celabration of Maharashtra Day:

Name of Programme	:	Maharashtra Day
Organization	:	Department of Physical Education and Sports
Date	:	1st May 2019
Chairperson	:	Res. Prin. Dr. V.R.Kodape
Chief Guest	:	Shri. Bansidharji Upadhyay
		C.D.C. Member
Number of Beneficiaries :	Teachers	20
	Non-Teaching Staff	7
	Total	27


Short Discription of the Programme:

Every Year Maharashtra Day is Celebrated by us in our College. Flag hoisting was done by Dr. V.R. Kodape. Office bearers of Berar General Education Society Akola were present on this occasion. All the faculty, non-teaching staff of the college were present on this occasion.




Director
Deptt. of Sports & Phy. Edn.
S.K.N. G. College, Karanja (Lad)


Coordinator
I.Q.A.C.
S.K.N.G. College, Karanja Lad


Officiating Principal
Shri K. N. Goenka College,
Karanja Lad