

# SHRI KISANALAL NATHMAL GOENKA ARTS & COM. COLLEGE, KARNAJA LAD.

Sant Gadge Baba Amravati University, Amravati  
Syllabus Prescribed under Choice based Credit System 2022-23  
Faculty: Humanities  
Programme: M.A. HOME-ECONOMICS

## Part A

### POs

At the end of the, successful completion of the MA Program Home Economics, the student should be able to -

- Determine the problems and challenges of home and family
- Develop the student's understanding regarding home influences on the individual, school and community.
- Design a workable plan in the household budget, make appropriate decisions apply the decision-making process
- Prepare a diet Plan, create innovative recipes and therapeutic diet to counter nutritional problems and maintain the health of the family
- Formulate qualitative designs and descriptive survey using questionnaires, interviews, observations, and document investigation to collect, analyze, and interpret the collected data pertaining to the study.
- Compare knowledge of consumer rights and responsibilities, consumer choices, investment and saving, market demands and supply laws, e-purchasing, and consumer protection
- Provide specific experiencing staff required for professional Home-Economics employment and selfemployment.

### PSOs:

At the end of the all-unit learning, the student will be able to -

- Describe Family Resource Management. □ Apply this knowledge to personal and family life. □ Identify new techniques in Event Management.

### Employability potential of the program

Home-Economics education is an education for life. Home Economics is an applied subject in which all areas of courses are utilized in daily individual life and community services. This area has vast potential that develops learning communities. Home Economics is an evolving practical discipline with a lot of employment potential in both the academic and commercial sectors. Home-Economics covers areas of specialization such as Food and Nutrition, Communication and Extension, Resource Management, Human Development, Fabric and Apparel Science. Home-Economics is a combination of art and science not only confined to food and nutrition but also Housekeeping, Textiles, Dietetics, Family Relations, Community living, Consumer Economics, Child Development and Hygiene. To begin a career in this field, Students must possess a rational mind, a realistic approach, and an objective attitude. Increasing consciousness concerning health, diet and way of life has increased the number of candidates taking Home-Economics as their career source.

Regarding academics, students can also find teaching jobs in governmental and private schools and colleges. Students continue their different master's degrees and PhD in the field of Home Economics and take up NET examination in Home Economics. Home-Economics students have many employment opportunities in private companies, NGOs, and entrepreneurship development. Home-Economics graduates can run childhood care units like Daycare Centers, Crèches, Nursery school after-school centers and Health Centers. Health centers can provide specialist advice for the dietary needs of people suffering from different diseases. These centers will not only be a service to the community but would help them create employment for themselves and others. Students with B.A. degrees can disseminate essential information related to health-conscious and community health. Being a part of television programmes or writing a cookbook are great options.

In India, Home-Economics is in its emerging stage of development, so Home-Economics graduates have ample employment opportunities in the private sector (cooking, fashion designer, housekeeping, dietitians), (social welfare officers, food analysts, fashion designers), the government sector (scientists, professors, research assistant) and self-employment sector (boutique, clothes designing, coaching Centre, hobby Centre, child care, catering and health care). Thus, Home-Economics is an emerging academic discipline which has ample opportunities. Technologies for conservation and is a unique discipline with a blend of science and art.

**Part B**  
**Programme: M.A. Home Economics**  
**Semester I**

Code of the Course/Subject	Title of the Course/Subject	(Total Number of Periods)
2111 / Home Economics	Family Resource Management	60 Periods of 1 hour

**Objectives: This course will enable the students:**

1. To understand the fundamentals of Family Resource Management.
2. To apply efficiently decision-making steps in day-to-day life.
3. To create awareness about the importance of time and energy management.
4. To apply the skill of Event management in planning events.

**COs:**

After successfully completion of course student should be able to-

1. Apply the Knowledge of energy and time management.
2. Make their carrier in the field of Event Management.
3. Evaluate plan activities use of decision-making steps.
4. Design Event plan by applying knowledge of different types of resources.

Unit	Content
<b>Unit I</b> <b>Family Resource Management</b>	1.1 Concept and functions of Family Resource Management. 1.2 Objectives and scope of Family Resource Management. 1.3 Principles of Family Resource Management. 1.4 Classification of Resources. 1.5 Advantages of Family Resource Management and ways of improving the use of resources. <p style="text-align: right;">(Period-12)</p>
<b>Unit II</b> <b>Home Management</b>	2.1 Process and element of Home Management 2.2 Motivating factors of management – Values, goals and standard. 2.3 Applied management to the use of resources within and outside home. 2.4 Factors influencing Resource Management. 2.5 Qualities of good manager. <p style="text-align: right;">(Period-12)</p>
<b>Unit III</b> <b>Decision Making Management</b>	3.1 Concept and objectives of Decision Making. 3.2 Problem solving and decision making as central processes of family life. 3.3 Characteristics of Decision Making. 3.4 Decision Making techniques. 3.5 The effects of resources in decision making. <p style="text-align: right;">(Period-12)</p>
<b>Unit IV</b> <b>Time and Energy Management</b>	4.1 Process of time and energy management. 4.2 Role of time and energy management in different stages of life cycle. 4.3 Tools in time management. 4.4 Use of appliances in energy management. 4.5 Fatigue and energy management. <p style="text-align: right;">(Period-12)</p>
<b>Unit V</b> <b>Event Management</b>	5.1 Concept and significance of Event Management. 5.2 Types of Events and its management. 5.3 Factors affecting of Event Management. 5.4 Recent Trend in Event Management. 5.5 Qualities of good event manager. <p style="text-align: right;">(Period-12)</p>
<b>Sessional Work: Activities</b> <b>Family Resource Management</b>	1. Organize Event and report writing (any one): 2. Presentation regarding Event Management: <p style="text-align: right;">10 Marks 10 Marks (Total Marks: 20)</p>

Books Recommended:

1. Bhargava Dr Bela 2005: Family Resource Management and Interior Decoration, University Book House Pvt. Ltd., ISBN-13 978-8187339229
2. Gupta Sushma 2018: Textbook of Family Resource Management: Hygiene and Psychology, Kalyani Publishers, ISBN-10 9327293975
3. Singh Dr Brinda 2020: Family Resource Management, Panchsheel Prakashan
4. P. Seetharaman 2019: An Introduction to Family Resource Management, CBS Publications
5. Shrivastav D.N. 2015: Family Resource Management, SBPD Publication House, ISBN-10 9350473011
6. Moore J. Tami 2021: Resource Management, SAGE Publication, ASIN B09B8LXBR5
7. Smith C. Jonathan 2002: Stress Management: A comprehensive handbook of techniques and Strategies, ISBN-13 978-0826149473

**Programme: M.A. (Home-Economics)**  
**Semester 1**

Code of the Course/Subject	Title of the Course/Subject	(Total Number of Periods)
2112 / Home Economics	Human Development	60 Period

**Objectives:**

1. To introduce the students to the major concept of Human Development
2. To provide the information to the students about the characteristics of children
3. To acquire knowledge of parent's child relationship
4. To make students aware of early childhood education

**COs**

**After successful completion of this course, students will be able to**

1. Determine child development problems by studying and applying study methods.
2. Evaluate the obstacles in early and late childhood.
3. Create a sense of personal care and beauty in every phase of daily living.
4. Apply obtained knowledge in pre-school and childcare institutions.
5. Develop employability and self-employment skills applicable in child care and learning.

Unit	Content
<b>Unit I</b> <b>Introduction to Human Development</b>	1.1 Meaning and definition of Human Development 1.2 Scope and significance of Human Development 1.3 Stages of Human Development 1.4 Human Development and Family Relationship 1.5 Methods of child study a) Running Record b) Interview Method c) Observation Method d) Biographical e) Case Study Method f) Experimental method  <b>(Periods-12)</b>
<b>Unit II</b> <b>Early Childhood</b>	2.1 Meaning, definition, significance and characteristics of early childhood 2.2 Development tasks in early childhood 2.3 Emotions and Emotional expression 2.4 Social Development, activities and play interest 2.5 Speech development, moral attitude and behaviour  <b>(Periods-12)</b>
<b>Unit III</b> <b>Late Childhood</b>	3.1 Meaning, definition and characteristics of Late Childhood 3.2 Emotional development in late childhood 3.3 Social development in late childhood 3.4 Speech development in late childhood 3.5 Moral development in late childhood  <b>(Periods-12)</b>
<b>Unit IV</b> <b>Early Childhood Education</b>	4.1 History of Early Childhood Education 4.2 Goals and Objectives of Early Childhood Education 4.3 Contribution of Education philosophers in the field of early childhood education 4.4 Institutions of Early Childhood Education: <i>Balwadi</i> and Kindergarten. 4.5 Non-formal pre-school education and its importance  <b>(Periods-12)</b>

<b>Unit V</b> <b>Parents and child relationship</b>	5.1 Concept and definition of parent & child relationship 5.2 Importance of parents and child relationship 5.3 Types of Parenting styles: Authoritarian, Neglected and Permissive 5.4 Types of Child-rearing practices & its needs 5.5 Parents and teachers meeting  <b>(Periods-12)</b>
<b>** Internal Assessment/ Sessional Activities</b>	1. Survey on related area and report writing  <b>(Marks 10)</b> 2. Report Writing of: a. Visit to pre-school. <b>(Marks 05)</b> b. Attend the Parent and Teachers meeting and summaries the observed system <b>(Marks 05)</b>  <b>Total 20</b>

#### Course Materials

#### Reference Books:

1. Barookh, Premila-Nursery School in India.
2. Desojh N.E-Advanced Education Psychology
3. Fontana David -Personality and Education
4. Graves, F.P-Great Educations of Three Centuries
5. Gardner, D. Bruce-Development of early Childhood
6. Hurlock Elizabeth- Child Development Psychology
7. Jill, K.R.-Nursery school for All, Neil 1972
8. Logan, Lillian -Teaching the Young Child
9. Moonc, S.B. and Richard P.-Teaching in Nursery Education
10. चंद्रावसकरनलिनी-लकशोरावस्था, म. लव. ग्र. ंलन. मडळ, नागपूर
11. दवप्रफुल्ि, एनवरायजादालवपीनलसहं-बािमनोलवज्ञान
12. काळप्रमिा -बािमानसशास्त्र
13. योगेंद्रजीतभाई -बािमनोलवज्ञान
14. लप्रयवदािाठकर -मातकृिाबािलवकासवबािलशक्षण

Weblink to Equivalent MOOC on SWAYAM if relevant:

1. <https://www.mooc-list.com/tags/human-development>
2. <https://www.coursera.org/learn/learning-knowledge-human-development>

**Programme: M.A. Home Economics**

#### Semester I

Code of the Course/Subject	Title of the Course/Subject	(Total Number of Periods)
2113 / Home Economics	Textile Clothing and Fashion Designing	45 Period

#### Objectives: -

1. To introduce the student to Textile, Clothing and Fashion Designing.
2. To explain the importance of Textile and Clothing.
3. To develop an understanding of different types of Fibres, Yarns and Fabric construction.
4. To acquire the knowledge of different Textile Finishes.
5. To create the ability to make different types of Design Placement and Regional Embroidery.

**COs:** After successful completion of course, the student will be able to-

1. Evaluate and differentiate between Textile Fibre.
2. Determine and identify general and unique finishes.
3. Apply Fabric Printing to decorate garments.
4. Describe three types of Fabric Construction Methods.
5. Generate employment using the different regional embroidery patterns and become entrepreneurs.

The subject HEC is based on a skills enhancement course. So, it will support the economic Empowerment of the students, especially women.

Unit	Content
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<b>Unit-I : Introduction to Textile</b>	1.1.Introduction and Revolution of textile and clothing. 1.2.Classification of textile fibers and uses of fibers 1.3.Manufacturing process, properties of fibers 1.4.Natural fibers – Cotton, Silk, Wool, Linen, Jute. 1.5.Manmade fibers –Artificial fibers, Viscose, Rayon, Polyester, Nylon Fiber, Mineral fibers (Fiber Glass and Metallic Fibers), Metallic Fibers.  (Period-09)
<b>Unit-II: Fabric Construction.</b>	1. Yarn Formation – Mechanical and Chemical spinning. 2. Types of yarns – Simple, Novelty. 3. Textured yarn. 4. Fabric Construction – Methods of Fabric Construction, 5. Felting, knitting. 6. Braiding, weaving.  (Period-09)
<b>Unit-III: Finishes</b>	1. Finishes – Definition, Importance. 2. Finishes – Classification Purpose 3. of Finishes. 4. General Finishes – Scouring, Bleaching, Teetering, Singeing, and Sizing. 5. Special Finishes – Mercerizing, special calendaring, Waterproof and water repellent, fireproof, wrinkle- resistant, shrinkage control (sulfurizing) and Embossing.  (Period-09)
<b>Unit-IV: Dyeing and Printing</b>	1. Classification of Dyes – I) Natural Dyes ii)Vegetable Dyes iii) Animal Dyes iv) Mineral Dyes 2. Synthetic Dyes: i)Acid Dyes ii) Direct Dyes iii) Basic Colour iv) Mordant Dyes v) Reactive Dyes vi) Vat colour vii) Sulphur Dyes viii) Azoic Naphthol Color ix) Disperse Dyes x) Pigment Dyes 3. Identifying Dyeing Defects. 4. Methods of Fabric Printing –Handmade - i ) Tie and Dynein ii) Batik iii) Block printing 5. Methods of Fabric Printing –Technical - i ) Screen ii) Stencil iii) Roller  (Period-09)
<b>Unit-V: Embroideries</b>	5.1.History of Embroidery 5.2.Care and Selection of design for embroidery 5.3.Types of printing 5.4.Embroideries- <i>Kasuti</i> of Karnataka, <i>Phulkari</i> of Punjab, <i>Khatiwada</i> Embroidery of Gujarat, Embroidery of <i>Kuccha</i> . 5.5.Embroideries-Chicken Kari of Uttar Pradesh, .Bengali <i>Kantha</i> , Kashmiri Embroidery, and Applique work of Bihar  (Period-09)

**Faculty: Humanities**  
**Programme: M.A. HOME-ECONOMICS**  
**Semester I**

Code of the Course/Subject	Title of the Course/Subject	(Total Number of Periods)
2113 / Home Economics	<b>Textile Clothing and Fashion Designing</b> <b>(Laboratory/Practical/practicum/hands-on/Activity)</b>	<b>(2 periods/Week)</b>

**COs:** After successful completion, of course, the student can be able to -

1. To develop the skill of designing the paper pattern for different types of garments.
2. Enhance the ability to apply the latest fashion in clothing construction.

### List of Practical

Sr.No	Practical course/activities	15 periods
1	Regional Embroideries of India- 1. <i>Phulkari</i> of Punjab. 2. <i>Kathi wadi</i> Embroidery of Gujarat. 3. Embroidery of <i>Kuccha</i> . 4. Chicken Kari 5. <i>Kasuti</i> of Karnataka.	(Period-10)
2	Demonstration and prepare a sample. 1. Tie and Dye 2. Batik & Block printing	(Period-05)

### Distribution of Practical Marks

Total Marks-20

Practical Work	Marks	Evaluation Mode	Total Marks
Embroidery Sample (Any Two)	08	External	10
Viva	02		
Class Work- Exhibition and sale	05	Internal	10
Making samples of Embroidery	05		

### Course Materials

### Reference Books

1. Allynne Bans: Creative Clothing Construction
2. अदाऊलवमि : वस्त्रशास्त्रम. लव. ग्रथंलनलमतीमडंडळ, नागपूर
3. Baxamusa Ramdas M and Gupte Giririja: Assistant for women's Development from national agencies: Popular Prakash and Bombay
4. वैरागडव्हीजा, अग्रवािअलववता: वस्त्रशास्त्राचीसकल्पनावर्षेशनलडझाडलनगं
5. नाडकणीरामचंद्र: स्वयंोजगारमंत्रंआलणतंत्रंमनोरमाप्रकाशनमबुई.
6. वाघसरुंष्टी उद्योगज्ञानदीपमहाराष्ट्रउद्योगलवकासकेंद्रऔरंगाबाद
7. अदाऊलवमि: वस्त्रलवज्ञानश्रीकातंप्रकाशनअमरावती
8. हगडव्ही म. शास्त्रोक्तलववणकिपरशरामप

### CERTIFICATE

### DEPARTMENT OF HOME-ECONOMICS

Name of college -----

This is to certify that this practical record is the Bonafide practical work of

Ku ----- during the Academic year -----

Semester-----

Dated:-

1 -----  
2 -----  
-----

STAMP

Signature of the teacher  
who taught the Examinee 3

Head of Depart

**Note – In absence of certificate practical record book, examinee will not be allowed to appear for the practical examination**

**Programme- MA. Home Economics**

**Semester I**

<b>Code of the Course/Subject</b>	<b>Title of the Course/Subject Home-Economics (Theory)</b>	<b>(Total Number of Periods)</b>
<b>2114</b>	<b>Research Methodology and Statistics</b>	<b>60 Period</b>

**Objectives-**

1. To understand meaning process and importance of research in Home-Economics
2. To acquire knowledge about select methods for conducting research
3. To enhance the ability on how to apply sampling techniques in research.
4. To motivate and generate report writing skills among the students.

**COs**

**After successful completion of this course, students will be able to**

- 1:** Realize the meaning, process and importance of research in Home-Economics
- 2:** Identify problem, tools and methods for conducting research
- 3:** Interpret Data manually as well as on the computer
- 4:** Develop inclination and skill in preparing a report
- 5:** Apply the skill of computers in statistics

<b>Unit</b>	<b>Content</b>
Unit I Home-Economics and Research	1.1 History, Definition and objectives of Home-Economics. 1.2 Significance of Research in Home-Economics. 1.3 Research application in different branches of Home-Economics – Food & Nutrition, Human Development, Consumer economics, Textile & Clothing. 1.4 Research application in different branches of Home-Economics – Family Resource Management, Extension Education and Communication, Marriage and Family Relationship. 1.5 Role of Home Economics to Solve Social Problems of Community.  (Periods-12)
Unit II Introduction of Social Research	2.1 Meaning and definition of Social Research 2.2 Characteristics and concept of Social Research. 2.3 Types of Research Methods in Social Sciences – Survey, Case Studies and Experimental Method. 2.4 Qualities of Good Researcher. 2.5 Research Process- Meaning and stages.  (Periods-12)
Unit III Research Methods – Hypothesis	3.1 Formulating a problem for Social Research – Meaning, Definition, Choosing problem or research, Factors involved in the formulation of problem. 3.2 Meaning and definitions of Hypothesis. 3.3 Importance and Types of Hypothesis and Hypothesis Formulation 3.4 Utility of hypothesis 3.5 Hypothesis testing  (Periods-12)



Unit IV Research Design.	4.1 Meaning and definitions of Research Design. 4.2 Need of scientific research 4.3 Exploratory Research Design 4.4 Descriptive Research Design 4.5 Diagnostic and Experimental Research Design  (Periods-12)
Unit V The Sampling Technique	5.1 Meaning, Definition and characteristics of Sampling 5.2 Basic Principle of Sampling 5.3 Probability Sampling 5.4 Non-Probability Sampling 5.5 Process of Sampling  (Periods-12)
<b>Internal Assessment/ Sessional (Marks 20)</b>	
**Activities	Survey on any related topic and report writing. (Marks 15)
	Seminar (Marks 05)

**Course Materials****BOOKS RECOMMENDED:**

1. Kumar, R (2011) Research Methodology: A step by Guide for Beginners, SAGE publication
2. Kothari, C R (2004):Research Methodology: Methods and Techniques, 2<sup>nd</sup> Revised Edition, New Age International Publishers
3. Gupta, S P:statistical Methods
4. Agalave Pradip (2008) ,Samajik sanshodhan padhati : padhatishystr v tanantre,Sainathaprkashan , Nagapur
5. Karhade B M (2011) ,shastriya sanshodhan padhati :Pimpalpure Prakashan Nagpur

**Weblink**

Weblink to Equivalent MOOC on SWAYAM if relevant:

Weblink to Equivalent Virtual Lab if relevant:

Any pertinent media (recorded lectures, YouTube, etc.) if relevant:

**Programme: M.A. Home Economics**

**Semester II**

Code of the Course/Subject	Title of the Course/Subject	(Total Number of Periods)
2115 / Home Economics	Family Resource Management	60 Periods of 1 hours

**Objectives:**

- 1 To recognize the fundamentals of Housing.
- 2 To describe the knowledge of Interior decoration.
- 3 To apply the technique of Work Simplification
- 4 To improve the skill of preparing the Family Budget.
- 5 To develop skill of Art of living

**COs:**

After successfully completion of course student can-

1. Applied and counselling about the work simplification and Budget making,
2. Make carrier in the field of Interior Decoration.
3. Evaluate and planning the family Budget.

Unit	Content
<b>Unit 1: Housing</b>	1.1 Concept and significance of housing. 1.2 Principals of House planning, factors affecting planning of house. 1.3 Characteristics of housing in urban areas. 1.4 Characteristics of housing in rural areas. 1.5 Government housing schemes in urban and rural areas.  (Period-12)
<b>Unit II: Work Simplification</b>	2.1 Concept and objective work simplification. 2.2 Principle and advantages of work simplification. 2.3 Gross and Crandall's Classes and improving methods of work Simplification. 2.4 Time management and ways of saving of time. 2.5 Energy management and ways of saving of energy.  (Period-12)
<b>Unit III: Interior Decoration:</b>	3.1 Concept and Importance of Interior decoration. 3.2 Principle of art and its implementation for house interior. 3.3 Importance of space management in Interior decoration. 3.4 Home lighting- Importance and scope in Interior decoration. 3.5 Ventilation- Importance and Types.  (Period-12)
<b>Unit IV: Family Income and Budget Management</b>	4.1 Concept and objectives of Family income. 4.2 Classification of family income. 4.3 Factors affecting of family income 4.4 Family Budget: Concept and importance of family Budget. 4.5 Characteristics of good Budget.  (Period-12)
<b>Unit V Stress Management</b>	5.1 Concept and importance of Stress Management. 5.2 Types of Stress 5.3 Stress Management technique. 5.4 Prevention for Stress Management. 5.5 Method of Stress Management.  (Period-12)
<b>* Sessional Work Activities: Family Resource Management</b>	1. To prepare Family Budget For Different income level(Lower/Middle Income) 10 Marks 2. To take interview of Architect OR Internship with Architect. 10 Marks (Total Marks: 20)

Books Recommended:

1. Bhargava Dr Bela 2005: Family Resource Management and Interior Decoration, University Book House Pvt. Ltd., ISBN-13 978-8187339229
2. Gupta Sushma 2018: Textbook of Family Resource Management: Hygiene and Psychology, Kalyani Publishers, ISBN-10 9327293975
3. Singh Dr Brinda 2020: Family Resource Management, Panchsheel Prakashan
4. P. Seetharaman 2019: An Introduction to Family Resource Management, CBS Publications
5. Shrivastav D.N. 2015: Family Resource Management, SBPD Publication House, ISBN-10 9350473011
6. Moore J. Tami 2021: Resource Management, SAGE Publication, ASIN B09B8LXBR5
7. Smith C. Jonathan 2002: Stress Management: A comprehensive handbook of techniques and Strategies, ISBN-13 978-0826149473

**Programme: M.A. (Home-Economics)Semester**

**II**

<b>Code of the Course/Subject</b>	<b>Title of the Course/Subject</b>	<b>(Total Number of Periods)</b>
<b>2116 / Home Economics</b>	<b>Human Development</b>	<b>60 Period</b>

**Objectives:**

- 1 To acquire the knowledge of different stages of Human Development
- 2 To give a student a broad comprehensive view of Human Rights, and Government Program 3.  
To acquire the knowledge of personality development

**COs:**

2. After completing, the course, the student should be able to:
3. Develop and nurtures their personality traits.
4. Apply the knowledge of children's rights.
5. Solve the problems of old-age senior citizens through counselling. and as a responsible Citizens.
6. Recognize the problems of adulthood and to solve through counselling
7. Work as consultants in the social welfare department and child welfare unit.

<b>Unit</b>	<b>Content</b>
<b>Unit I Puberty</b>	1.1 Meaning, definitions and characteristics of puberty 1.2 Developmental tasks, physical changes and growth in puberty 1.3 Emotions and emotional behaviour in puberty 1.4 Social development in puberty 1.5 Hazards and personal care of puberty <p align="right"><b>(Periods-12)</b></p>
<b>Unit II Adolescence</b>	2.1 Definition and characteristics of Adolescence 2.2 Physical growth in Adolescence 2.3 Problems of Adolescence and stages 2.4 Vocational interest and Hobbies in Adolescence 2.5 Social changes during Adolescence <p align="right"><b>(Periods-12)</b></p>
<b>Unit III Personality Development</b>	3.1 Meaning, concept and significance of personality development 3.2 Factors influencing personality development 3.3 Traits and types of personality 3.4 Personality adjustment and maladjustment 3.5 Communication skill and personality development <p align="right"><b>(Periods-12)</b></p>
<b>Unit IV Adulthood to Old Age</b>	4.1 Concept and Definition of Adulthood and Old Age 4.2 Adulthood- developmental tasks and physical changes 4.3 Middle-age stage – Concept and Developmental tasks 4.4 Middle-Age Stage - Physiological changes, pre-menopausal changes and Menopausal changes 4.5 Problems of old age- Family, social and psychological <p align="right"><b>(Periods-12)</b></p>

Unit V <b>Human Rights, and Government Program</b>	5.1 Concept and Definition of Human Rights 5.2 Laws of Human rights & Child Protection 5.3 Government Program - Integrated Child Development Scheme (ICDS) 5.4 Universal immunization programme (UIP) 5.5 Adolescent Reproductive and Sexual Health (ARSH)  <b>(Periods-12)</b>
<b>** Internal Assessment/ Sessional /Activities</b>	1. Visit to ICDS training centre or <i>Anganwadi</i> centre and summarize the observed system 10 Marks 2. Survey on a related topic and report submission 05 Marks 3. Case Study of any Human Development Stage 05 Marks  <b>Total 20</b>

### Course Material

#### Reference Books:

1. Fontana David-Personality and Education
2. Graves, F.P-Great Educations of Three Centuries
3. Hurlock Elizabeth- Child Development Psychology
4. चर्चावसकरनलिनी-लकशोरावस्था, म. लव. ग्र. ंलन. मडंडळ, नागपूर
5. दवर्णफुल्ि, एनवरायजादालवपीनलसहं -बािमनोलवज्ञान
6. काळप्रमिा- बािमानसशास्त्र
7. योगेंद्रजीतभाई- बािमनोलवज्ञान
8. लप्रयवंदािाठकर -मातकृिाबालिवकासवबालिशक्षण
9. हमफिरदरजगजनकुचं
10. वदंालसहं- मातकृिाएवमलशशुकल्याण, पंचशीप्रकाशन, पणुं

Weblink to Equivalent MOOC on SWAYAM if relevant:

1. <https://www.mooc-list.com/tags/human-development>
2. <https://www.coursera.org/learn/learning-knowledge-human-development>

Weblink to Equivalent Virtual Lab if relevant:

Any pertinent media (recorded lectures, YouTube, etc.) if relevant:

<https://www.youtube.com/watch?v=vAiQ63ZTVJs>

**Programme: M.A. Home Economics**

**Semester II**

Code of the Course/Subject	Title of the Course/Subject	(Total Number of Periods)
2117 / Home Economics	Textile Clothing and Fashion Designing	45 Period

**Objectives: -**

1. To acquire knowledge about the history and essential elements of Garment construction.
2. To develop the skill of designing a paper pattern for different types of garments.
3. To describe different types of regional costumes.
4. To enhance the ability how to apply the latest fashion in clothing construction.
5. To motivate and generate entrepreneurship skills among the students.

**COs:** After successful completion of the course, the student can-

1. The students will be able to apply and use different types of seems, Fullness, sleeve, Neckline and collars in garment construction.
2. The students will be able to explain and describe the difference between the Traditional costume of Indian Male and females.
3. To acquire knowledge of body measurements.
4. The students will be able to explain the Traditional Textile of India in their own words.

Unit	Content
<b>Unit I – History and Measurements of clothing</b>	1.1.History of clothing. Psychological Effects of Clothing 1.2.Factors affecting selection of clothing 1.3.Body measurements and their importance 1.4.Preparing measurement chart 1.5.Method of pattern making- i) Drafting ii) Draping iii) Flat pattern (Period-9)
<b>Unit II – Clothing Construction</b>	2.1 – Basic elements in garment construction Types of seam 2.2 – types of Fullness -i) Tucks ii) Frills iii) Darts and pleats 2.3 –Types of sleeves- i) Plan ii) Puff iii) Bell iv) leg-o-mutton v) petal vi) circle sleeve 2.4 –Types of Necklines- i) Plain ii) High iii) Boat Neck 2.5 – Types of collari) Flat ii) peter pan iii) stand collar (Period-9)
<b>Unit III – Traditional Textile and clothing of India</b>	3.1 – Traditional Textile of India – Kalamkari , Patola , Himru – Amru , Pitambar , Dacca , Muslin, Baluchar Buttedar , Kanjiwaram , Paithani , Chanderi and Maheshwari , Ab-i-rawan, Kam-Khwab or Kin Khawab 3.2 –Traditional Costume of- i) Kashmir ii) Himachal Pradesh iii) Punjab iv) Haryana ( Male and Female ) 3.3 – Traditional costume of- )i) Rajasthan ii) Gujrat iii) Madhya Pradesh iv) Maharashtra ( Male and Female ) 3.4 – Traditional costume of i) Bangal and Orisa ii) Manipur and Nagaland iii) Assam iv) Uttar Pradesh( Male and Female ) 3.5 – Traditional Costume of i) Karnataka ii) Tamilnadu iii) Andhra Pradesh iv) Kerala( Male and Female ) (Period-9)
<b>Unit IV – Fashion Designing</b>	4.1 History of Fashion, Definition of Fashion 4.2 Concept of Fashion and Fashion Cycle 4.3 Factor's affecting on Fashion cycle – i) Economical ii) Technical iii) Geographical iv) Social v) Cultural vi) Educational vii) Political 4.4 Principles of Fashions 4.5 Different Fashions and Fashion Accessories (Period-9)
<b>Unit V – New Challenges and Self Employment</b>	5.1 Fashion adoption theories – i) Trickle -Down Theory ii)Trickle -Across Theory iii) Bottom-up Theory 5.2 Combination of old and new Fashion in day-to-day life. 5.3 Scope of Fashion Designing i) Textile designing ii) Fashion designing iii) Fashion Marketing 5.4 Fashion –Big Business, Merchandise Plan and Evaluation 5.5 Importance and advantages of computer Designing self-Employment (Period-9)

**Faculty: Humanities**  
**Programme: M.A. HOME-ECONOMICS**  
**Semester II**

Code of the Course/Subject	Title of the Course/Subject	(Total Number of Periods)
2117 / Home Economics	Textile Clothing and Fashion Designing (Laboratory/Practical/practicum/hands-on/Activity)	(2 periods/Week/)

**COs:** After successful completion, of course, the student can-

1. Develop the skill of designing a paper pattern for different types of garments.
2. Enhance the ability how to apply the latest fashion in clothing construction.

List of Practical

Sr. No	Practical course/activities (Period-30)
1	Types of the seam - Plain seam, double-stitched seam, French seam, flat felled seam
2	Neck lines-round necklines, square necklines, V necklines and collared necklines
3	Sleeves-Regular sleeves, raglan sleeves, bell sleeves, frill sleeves

**Distribution of Practical Marks**

**Total Marks-20**

Practical Work	Marks	Evaluation Mode	Total Marks
Preparing an album	07	Internal	10
Record book	03		
Drafting of garment	07	External	10
Viva	03		

**Course Materials**

Reference books:

1. Savitri pandit : Regional Embroidery
2. लवमिअढाऊ: वस्त्रशास्त्र: म.वी. ग्रथलनलमतीमडळनागपर
3. वैरागडड्डीवा;अग्रवािअलववता;शास्त्राचीसकल्पनावर्षशनलडझायलनगं
4. कृमशास्त्रकतोलशवणकिा.प. परशरामप्रोससिणुुं.बिोधसरुंश्रीउद्योगज्ञानालदय, महाराष्ट्रउद्योगलवकासकेंद्रऔरंगाबाद
5. नाडकरणीरामचंद्र:स्वयंोजगारमंत्रंआलणतंत्रंमनोरमाप्रकाशनमबुई
6. Nicholas Drake,;Fashio Illusion Today
7. अढाऊलवमि: वस्त्रलवज्ञानश्रीकातंप्रकाशनअमरावती
8. Allyn Bans: creative clothing construction.
9. Yalda Vijay Laxmi ,jasnaisucheta: Home science -kalyani publishers , New Delhi.



**CERTIFICATE**

**DEPARTMENT OF HOME-ECONOMICS**

Name of college -----

**This is to certify that this practical record is the Bonafide practical work of**

**Ku ----- during the Academic year -----**

**Semester-----**

**Dated:-**

1 -----  
2 -----  
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**STAMP**

**Signature of the teacher  
who taught the Examinee      3**

**Head of Depart**

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**Note – In absence of certificate practical record book, examinee will not be allowed to appear for the  
practical examination**

**Programme- M A. Home Economic  
Semester II**

Code of the Course/Subject	Title of the Course/Subject Home-Economics (Theory)	(Total Number of Periods)
2118	Research Methodology and Statistics	60 Period

**Objectives-**

- 1.To understand meaning process and importance of data collection in Research Methods
- 2.To acquire knowledge about select problems, tools, and methods for conducting research
- 3 To motivate and generate scientific reports from the research. 4.To enhance the ability how to apply computer in statistics

**COs**

**After successful completion of this course, students will be able to:**

1. Define the meaning, process and importance of research in Home-Economics
2. Criticize problem, tools and methods for conducting research
3. Interpret Data manually as well as on a computer
4. Develop inclination and skill in preparing a report
5. Realize the use of computers in statistics

Unit	Content
Unit I Research Methods – Data Collection	1.1 Definitions and Importance of Data. 1.2 Primary Sources of Data- Direct Observation, Questionnaire, Schedule, Interview. 1.3 Secondary Sources of Data- Personal documents, public Documents. 1.4 The distinction between Primary and Secondary Data 1.5 Reliability of data validity of measuring techniques of data. <div style="text-align: right;">(Periods-12)</div>
Unit II Tools of Research	2.1 Observation : Definition and characteristics of observation, Types of observation Merits and importance of observation Method 2.2 Interview: Meaning and definition of interview. 2.3 Characteristics and main objects of interview. Types of interviews. 2.4 Questionnaire: Meaning and definition of questionnaire. Demerits or limitations of questionnaire. Types of questionnaires. 2.5 Schedule. Definitions and objective of Schedule. Process of preparing schedule. Steps, utility or importance of schedule. <div style="text-align: right;">(Periods-12)</div>
Unit III Scaling Techniques	3.1 Meaning and significance of scaling techniques. 3.2 Difficulties and Utility of Scaling techniques. 3.3 Thurston technique of Scale. 3.4 Likert technique of Scale. 3.5 Bogardus's social Distance Scale. <div style="text-align: right;">(Periods-12)</div>
Unit IV Scientific Report Writing.	4.1. Basic Preliminary – Introduction and statement of problems. 4.2 Objectives, hypothesis and review of literature. 4.3. Research Methodology, 4.4 Result and discussion. 4.5 Summary, conclusion and bibliography <div style="text-align: right;">(Periods-12)</div>

Unit V Statistics	5.1 Definition, concept and scope of statistics. 5.2 Classification and Tabulation of Statistical Data.
	5.3 Mean (simple, discrete, continuous series), Median (simple, discrete, continuous series), Mode (simple, discrete, continuous series) 5.4 Standard deviation (simple, discrete, continuous series) 5.5 Co-relation -Meaning, and Type and Importance of Co-relations Analysis. 5.6 Karl Pearson's Co-efficient of Co-relation – a) Direct Method b) Shortcut method. (Periods-12)
**Activities	Survey on any related topic and report writing. (Marks 15)
	Seminar (Marks 05)

### Course Materials

#### BOOKS RECOMMENDED:

1. Kumar, R (2011) Research Methodology: A step by Guide for Beginners, SAGE publication
2. Kothari, C R (2004): Research Methodology: Methods and Techniques, 2<sup>nd</sup> Revised Edition, New Age International Publishers
3. Gupta, S P: statistical Methods
4. Agalave Pradip (2008) ,Samajik sanshodhan padhati : padhatishystr v tanantre, Sainathaprkashan , Nagapur
5. Karhade B M (2011) ,shastriya sanshodhan padhati : Pimpalpure Prakashan Nagpur

#### Weblink

Weblink to Equivalent MOOC on SWAYAM if relevant:

Weblink to Equivalent Virtual Lab if relevant:

Any pertinent media (recorded lectures, YouTube, etc.) if relevant: