



The Berar General Education Society's

SHRI. K. N. GOENKA ARTS AND COMMERCE COLLEGE, KARANJA

Organised by

Department of Physical Education & Sports

In Collaboration with

Department of N.S.S.

International Day of Yoga

21st June 2022



The Theme of Yoga Day: "Yoga for Humanity"

The Berar General Education Society's

SHRI K.N.GOENKA ARTS AND COMMERCE COLLEGE, KARANJA

Department of Physical Education & Sports

International Day of Yoga 2022

21st June 2022

In Session 2022-2023, International Day of Yoga was celebrated on 21st June 2022 by Department of Physical Education and sports with collaboration with department of N.S.S. Teaching and Non-teaching staff were attended this programme. N.S.S. Coordinator, Dr. Kiran Waghmare had given the demonstration of different Yogasanas, Pranayam and meditation also. The conduction of the program was done Anjali Barde, Director of Physical Education and N.S.S. coordinator Dr. Kiran Waghmare. Anjali Barde had presented the proposal of programme. The President of the Programme was held by College's Principal Respected Dr. V.R.Kodape and he had given the valuable speech. Sports Committee member Dr. Rathod thanked everyone at the event. And the programme was concluded with the permission of the President.

The Theme of this Yoga Day: This International Yoga day's theme was "Yoga for Humanity"

International Yoga Day 2022



International
Day Of
Yoga 2022

