

PERSONAL PROFILE



1. **Name of the Teacher** :- Anjali DigambarBarde
2. **Designation** :- Director of Physical Education
& Sports
3. **Department** :- Physical Education & Sports
4. **Date of Birth** :- 13/04/1974
5. **Nationality** :- Indian
6. **Category** :-OPEN
7. **Residential Address** :- Miss. Anjali DigambarBarde
16, Professors Colony,
Bypass Road, Karanja (Lad) 444 105
Dist. Washim (M.S.)
Phone No. (mob-9011672017)
8. **Email ID** :- bardeanjali1@gmail.com
9. **Educational Qualifications:-** B.A., B.P.Ed., M.P.Ed., UGC-SET

Educational Qualifications

Sr. No.	Name of the Exam./Degree	University/ Board	Year of Passing	Division
1.	S.S.C.	Nagpur	1989	I
2.	H.S.C.	Nagpur	1991	I
3.	B.A.	Amravati	1994	II
4.	B.P.Ed.	Amravati	1995	I
5.	M.P.Ed.	Amravati	1997	II nd Merit
6.	UGC-SET	Pune	2001	Passed

10. **Date of Appointment** :-01/03/2004
11. **Teaching Experience** :- 19 years
12. **Status of appointment** :- Permanent
13. **Research Experience** :- 4 Years (For Ph.D. Work)
14. **Area of Specialization** :- Physical Education
15. **Refresher / Orientation :-Orientation Course:**
Courses AttendedUGC-ASC,RTM Nagpur Universty, Nagpur
Dt: 18/02/2009 to 17/03/2009

Refresher Course:

- UGC-ASC, SGB Amravati Uni., Amravati
Dt: 03rd March To 23rd March 2015
- UGC-ASC, SGB Amravati University,
Amravati
Dt: 1st To 21st July 2016
- UGC-HRDC,SGB Amravati University,
Amravati
Dt: 3rd To 22ndDecember 2018

National Faculty Development Program :

- SGTB Khalsa College, University of Delhi &
GAD-TLC of Ministry of Edn.
Dt: 27th May To 2nd June 2021

Short Term Course :

- UGC – HRDC, Guru
GhasidasVishwavidyalay, Bilaspur
Dt: 13th To 18th September 2021

16. Research Paper Published :- In Journals

- | | |
|---------------------------|-----------|
| 1. International Journals | 16 |
| 2. National Journals | 02 |
| a. International | 05 |
| b. National | 02 |
| c. State | 00 |

17. Conference Proceedings

- 1 .International -05
2. National - 02

18. Membership Of Academic/ Professional Bodies :-

* Life Membership of N.U.T.A., Nagpur
Education
Teachers Asso.(Amravati)

District Basketball Asso.Karanja

Karanja

*Life Member of Physical

* Life Membership of the Washim

* Member of LokmanyaVyayamshala,

19. Various Contribution in College Co-Curricular Activities

1. Convener of Games & Sports Committee
2. Chairman Grievance & Redressal Cell/ Vishakha Committee
3. Convener Health & Care Committee
4. Convener of Discipline Committee
5. Member of Library Committee
6. Member of Student Council & Election Committee
7. Member of Documentation Committee
8. Member of I.Q.A.C.
9. Member of Admission Committee

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20. Contribution In University Activities :-

1. Invigilation of University Exam
2. Officer In-Charge of University Exam at college – Summer 2019
3. Member of University Basketball Selection Committee (M&W).18-19; 19-20; 21-22; 22-23
4. Zonal Secretary to conduct Women's Inter Collegiate Table Tennis Tournaments (18-19)
5. Organizing Committee member Of Inter University West Zone Kabaddi (W) Tournaments (19-20) & Men's (21-22)
6. Works of SGBAU Incentive marks

21. Organization of Conference

1. Member of Organising Committee of Inter-National Conference at Department of Phy. Edn. , SGB Amravati Uni., Amt., 15,16 Dec. 2017Jan.
2. Worded as Jury in Inter-National Conference at SSSKRI College, KaranjaDt: 22-23 March 2018
3. Member of organizing Committee of National Level Conference at College, Dt; 10th Feb. 2020
4. Member of Organizing Committee of Inter National Conference at Smt.SalunkabaiRaut Arts &Com.College, Wanoja, Dt: 13Jan. 2023
5. Convener of National Conference at College, Dt: 9 March 2023

22. Social & Other Activity :

1. Active National Level Member of Vishwa

MangalyaSabha(Works for Nation)

23. Extra CurricularActivities :

S.N.	Year	Activity
1	2017-2018	Invigilation of SGBAU Examination K.N. College, Karanja Lad.
2	2017-2018	Member of Tabulation committee of SGBAU Exam
3	2017-2018	National Flag Hoisting Programme
4	2017-2018	Workshop for Girls at University Level
5	2017-2018	Staff Council Secretary,S.K.N.G.College,Karanja.
6	2017-2018	Convener Of Admission Committee
7	2017-2018	N.S.S. Women Programme Officer
8	2018-2019	Officer In-charge of University Summer Exam 2019
9	2018-2019	Member of University Basketball Selection Committee (M&W)
10	2018-2019	N.S.S. Camp : Speech & Tree Plantation
11	2018-2019	Zonal Secretary to conduct Inter Collegiate Women TebleTennis

12	2018-2019	National Flag Hoisting
13	2019-2020	Organising Committee member of Inter University West Zone (W) Kabaddi Tournaments
14	2019-2020	University Basketball(M & W) Selection Committee Member
15	2019-2020	Flag Hoisting at College
16	2021-2022	Workshop : Yoga for College Students
17	2021-2022	Workshop : Women Empowerment for College's Girls
18	2021-2022	Organising Committee member of Inter University West Zone (M) Kabaddi Tournaments
19	2021-2022	Member of University Basketball Selection Committee(M & W)
20	2021-2022	Flag Hoisting Programme at College
21	2022-2023	Attended 3 Days Workshop for Directors of Sports &Phy.Edn. of SGBAU,Amravati
22	2022-2023	Organizing Committee member of Athletic Meet of SGBAU, Amravati
23	2022-2023	Member of University Basketball Selection Committee(M & W)
24	2022-2023	Flag Hoisting Programme at College

24.Paper Published in Research Journal – 21Paper

Sr. No	Title with page nos.	Journal	ISSN / ISBN No.	Whether peer reviewed Impact Factor, If any	No. Of Co-authors	Whether you are the main author	Wheter Refereed/ other Journal as notified by the UGC
1.	Yoga For Sports Performance, P.24	Universal Research Analysis (International)	IISSN 2229-4406	3.8	-----	Yes	Refereed & Peer Reviewed 2017-18
2.	क्रीडा शिक्षकांचे सामाजिक योगदान: एक चिकित्सक अभ्यास, P.61	Hi-Tech Research Analysis (International)	ISSN 22316 671	4.25	-----	Yes	UGC approved Peer Reviewed 2018-19
3.	शेतकरी संघटनांच्या चळवळी व आंदोलने, P. 115	Ajanta International	ISSN 2277-5730	5.5	-----	Yes	UGC Listed & Peer Reviewed 2018-19

4.	खो-खो संघ निवड चाचणीसाठी प्रमाणित शारीरिक खामता चाचणी निर्माण करून मानके तयार करणे, P,47	Social Growth (International)	ISSN2 2239- 6190	5.90	-----	Yes	Refereed & Peer Reviewed UGC Approved 2018-19
5.	Innovative Tools in Teaching P.101- 103	Research journal of India (National)	ISSN 2349- 9370	5.455	-----	Yes	*Indexed, *Peer Reviewed 2019-20
6.	Importance of Yoga & Physical Education in Youngster, P.115-117	शोध समग्र (International)	ISSN 2395- 2725	-----	-----	Yes	----- 2019-20
7.	Role of fitness and sports in youth and their benefits, P.23-25	Research Journey (International)	ISSN 2348- 7143	6.625	-----	Yes	*Peer Reviewed *Indexed *Refereed 2019-20
8.	How Sports & Education work well together, P.86-88	Vidyawarta (National)	ISSN 2319 9318	5.131	-----	Yes	Refereed 2019-20
9.	Physiological fitness and stress management in sports	Ayushi (International)	ISSN 2349- 638x	5.707	-----	Yes	*Indexed *Peer Reviewed 2019-20
10.	Research Methodologies in Physical Education , P.45-48	Universal Research Analysis (International)	ISSN 2229- 4406	6.10	-----	Yes	*peer Reviewed * UGC Approved 2020-21
11.	Physical activity for mental & Physical health P.142-144	Research Nebula (International)	ISSN 2277- 8071	7.399	-----	Yes	*Indexed *Refereed *Peer Reviewed 2021-22
12.	Roll of technology to improve women's	Fundamental& Comparative research	ISSN 2277- 7067	4.95	-----	Yes	*Peer Reviewed *UGC care

	health care , P.81-84	((National)					2021-22
13.	Covid-19 Pandemic : Impact of outbreak on world of sports, P.211-214	Research Nebula (International)	ISSN 2277- 8071	7.399	-----	Yes	*Indexed *Refereed *Peer Reviewed 2021-22
14.	Training impact of yogic practice and mental health of women students, P.37-40	Indo Asian Philosopher (International)	ISSN 2348- 5825	6.10	1	-----	*UGC Approved *Refereed *Peer Reviewed 2021-22
15.	Influence of chanting Om on spiritual intelligence among adolenscent girls of Karanja P. 1-4	Vision Research Review (International)	ISSN 2250- 169x	6.20	1	-----	*UGC approved *Refereed *Peer Reviewed 2021-22
16.	Effect of mantra recitation on memory and span of attention, P. 10-17	Interlink Research (International)	ISSN 0976- 0377	6.20	1	-----	*UGC approved *Refereed *Peer Reviewed 2021-22
17.	Effect of Gayatri Mantra on the personality development of preadolescent children , P.8-14	Vision Research Review (International)	ISSN 2250- 169x	6.20	-----	Yes	*UGC approved *Refereed *Peer Reviewed 2021-22
18.	Effect of chanting mantras on social environment, P.477-479	Vidyabharati Interdisciplinary Research Journal (International)	ISSN 2319- 4979		-----	Yes	2021-22

19.	Role of physical education sustainable development goals, P. 127-129	Research Nebula (International)	ISSN 2277-8071	7.399	-----	Yes	*Refereed *Peer Reviewed Indexed
20.	Participation of women in sports: 16 Sports leadership and growth, P.22-24	B. Aadhar (International)	ISSN 2278-9308	8.632	-----	Yes	*Peer-Reviewed *Refereed *Indexed
21							

25. Conference/ Seminar/ Workshop Attended/ Paper Presented

Sr.No.	Date	Participated	Nature	Place
1	23 rd July 2017	Participated	Workshop on “NAAC assessment and Accreditation Process”	Shri. R.L.T.College of Science, Akola
2	19 th August 2017	Participated	National Level Workshop on “Scope of skilled professionals in Sport Industry”	Arts and Science College, Kurha
3	15 th -16 th December 2017	Paper Presented on “ शरीरातील सात चक्र: स्वास्थ्य, अंतःस्त्रावी ग्रंथी यांचा सहसंबंध एक अभ्यास”	International conference on “Future Prospective of Physical education sports sciences & Yogic Sciences”	Department of Physical Education, SGBAU, Amravati University. Amravati
4	22 nd -23 rd March 2018	Paper presented on “ The Role of personality in sport and physical activity”	International Conference on Recent Trends in Science & Technology	SSSKRI College, Karanja
5	26 th September 2018	Participated	One Day Workshop on “Understanding UGC Regulation in reference to fourth amendment”	Smt. Shakuntalabai Dhabekar Mahavidyalay, Karanja
6.	24 th December 2018	Paper Presented on “Mental Imagery in sports performance”	National Conference on “Role of Physical Education & other disciplines in enhancing the performance of players and fitness”	IQAC, Bar.R.D.I.K.&K.D.College Badnera
7.	17 th February 2019	Paper Presented on “ शेतकरीसंघटनांांदोलनेवचळवळी”	National Conference on “Indian Farmer: Issues & Challenges”	Sri. K.N.Goenka College, Karanja

8.	21 st August 2019	Paper presented on “How Sports and Education work well together”	National Conference on “ Role of higher education in making India superpower”	Shri. Ganesh Kala Mahavidyalay, Akola
9.	27 th – 28 th December 2019	Paper presented on” Physiological fitness and stress management”	International Conference on “ Academic research and innovation in teaching and arising	College of management and computer science, Yavatmal
10.	11 th January 2020	Paper presented on “ Innovative Tools in Teaching”	National Conference on “ Recent Trends and Issues in Humanities”	Mungasaji Maharaj Mahavidyalay, Darwha
11.	18 th January 2020	Paper Presented on “ Importance of Yoga and Physical Education in Yoga Shastra”	National Conference On “आधुनिक जीवन में योग एवं व्यायाम कि भूमिका”	शासकीय गृहविज्ञान स्नातकोत्तर अग्रणी महाविद्यालय, होशंगाबाद
12.	10 th February 2020	Paper presented on “ Role of fitness and sports in youth and their benefits”	National Conference on “Indian Youth: Challenges & Opportunities”	S. K .N. Goenka College, Karanja
13.	15 th – 17 th May 2020	Paper presented on “ Impact of Corona virus on environment”	International E-Conference On “Strategies and challenges in higher education during Covid-19 lockdown period in India with reference to world “	GVI Institute of Science humanities, Amravati
14.	19 th May 2020	Participated	State level online workshop on IPRS : Types, procedures and legal perspectives	S.K. Somaiya College of Arts, Science and Commerce
15.	31 st May 2020	Participated	State level webinar On कोरोनाउत्तर काळ आणि मराठी साहित्याची स्थितीगती	S.K.N.Goenka College, Karanja
16.	2nd June 2020	Participated	Online National level workshop on “Recent trends in Kabaddi /Kho-Kho : Challenges and opportunities”	Arts and Science & Commerce College, Chikhaldara
17.	3 rd – 7 th June 2020	Participated	5 Days National webinar on post Corona : Society and Mankind	Lokmanya Tilak Mahavidyalay, Wani
18.	14 th June 2020	Paper presented on “Research Methodologies in Physical Education”	E-International Conference on” Research methodology in Higher Education”	Indo Asian scientific research organization (IASRO)& Rajashri Shahu research institute
19.	18 th -19 th June 2020	Participated	International E-Conference on “World with Covid-19 : The humanity at threat – Challenges and solutions”	VidyabharatiMahavidyalaya, Amravati
20.	24 th June 2020	Participated	National webinar on ”Health, well-being, issues & challenges”	M.V.P.Samaj’s arts and science college, Tryambakeshwar

21.	30 th September 2020	Participated	National nutrition month Celebration	Adarsh Science, J.B.Arts& Birla Commerce College, Dhamangaon Rly
22.	21 st August 2021	Participated	International E-Conference on “Covid-19 Pandemic: Challenges opportunities & solution in front of higher education”	ShankarlalKhandelwalArt s,Science& Commerce College, Akola
23.	16 th October 2021	Paper presented on “Physical activity for mental and physical health	International E- Conference on “Role of physical activities, health and fitness in today’s crisis”	Mahatma JyotibaFuleMahavidyalay , Amravati& Late D.P.ArtsCollege,Nandga onpeth&NarayanraoRana Mahavidyalay, badnera
24.	8 th – 9 th March 2022	Paper presented on “ Roll of Technology to improve women’s health care”	National E-Conference on “ Social implementation of artificial intelligence on women athlete, women health & nutrition in light of Covid-19 pandemic”	C.P. & Berar Education Society’s College, Nagpur
25.	24th September 2022	Paper presented on “ Effect of chanting mantras on social environment”	Internation conference on “ Environment: Issues, challenges, impact and steps towards sustainable development”	GopikabaiSitaramGawan deMahavidyalay, Umarkhed
26.	13 th January 2023	Paper presented on “Role of physical education sustainable development goals”	International conference on “Research innovation, challenges & opportunities in higher education”	Smt. SalunkabaiRaut Arts & Commerce College, Wanoja&Saraswati Kala Mahavidyalay, Dahihanda
27.	9th March 2023	Paper presented on “ Participations of women in Sports: Sports leadership and growth”	National Conference on “ A journey of Indian women”	S. K. N. Goenka College, Karanja Lad