

## Shri. K. N. Goenka Arts & Commerce College, Karanja

### Department of Physical Education

Annual Report of Session 2021-2022

Following Teams were participated in Inter-Collegiate Tournaments of  
S.G.B.A.U. Amravati University, Amravati:

Sr. No.	Game	Men Student
01.	Wrestling	06
02.	Athletic Meet	05
03.	Handball	11
04.	Best Physique	01
05.	Power Lifting	01

### Achievement in Inter Collegiate Tournaments:

Sr. No.	Name of the Player	Event	Ranking / Status
1.	Taufeeque Patel	Wrestling(79 Kg.)	2 <sup>nd</sup> Place
2.	Subhan Pappuwale	Wrestling(86Kg.)	2 <sup>nd</sup> Place

We gave Physical Fitness Training and coaching to all students which participated in Tournaments.

### Participation of Inter University Tournaments:

Sr. No.	Name of Player	Event	Status	Place
1.	Arif Bhika Kamanwale	Basketball	West Zone Inter University Tournament	Jiwaji University, Gwalior

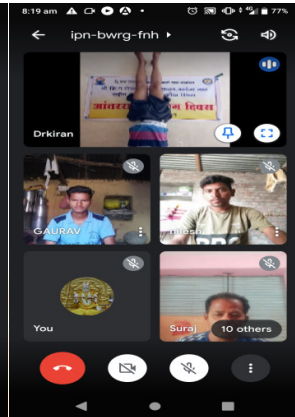
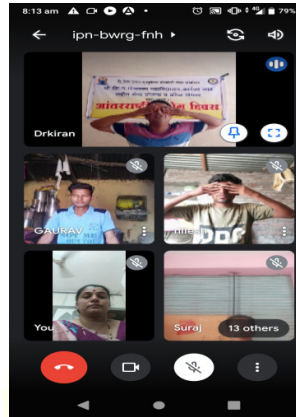
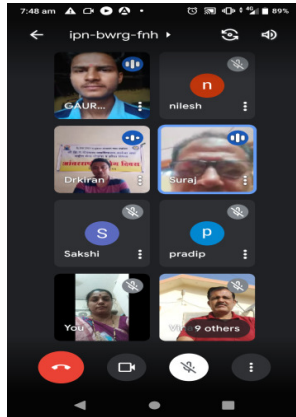
### Sports Committee Members. :

1. Prin. Dr. V. R. Kodape - Chairman
2. Prof. Anjali Barde - Convener
3. Prof. Onkar Pawar - Member
4. Dr. Baljeet Kaur Oberai - Member
5. Dr. Sunil Rathod - Member

All Students were selected by Sports Committee members for Inter Collegiate Tournaments.

### International Yoga Day:

We Celebrated International Yoga Day on 21st June 2021 on online mode due to Covid-19 lock down period. On this occasion we arranged a programme of Yogasanas and Pranayama. Yogasanas and Pranayama were demonstrated by Dr. Kiran Waghmare .



## Workshop on Yoga:

In collaboration of Department of Physical Education and college's Health and Care committee, organized a Yoga Workshop to students. 89 students are beneficiaries. Yoga Trainer Shri. Vishal Raut demonstrated Suryanamaskar and Pranayama to students.

