

## Shri.K N.Goenka Arts & Commerce College, Karanja(Lad), Dist.: Washim

### Department of Physical Education

#### Annual Report of Session 2018-19

Following Teams Participated in Inter-Collegiate Tournaments of S.G.B.A.U. Amravati University, Amravati:

Sr. No.	Game	Men Student	Girls Student
01.	Cross Country	03	--
02.	Best Physique	01	--
03.	Weight Lifting	02	--
04.	Power Lifting	02	--
05.	Volleyball	10	08
06.	Basketball	10	07
07.	Kabaddi	09	--
08.	Athletic	06	01
09.	Wrestling	03	--

#### Achievement in Inter Collegiate Tournaments:

Sr. No.	Name of the Player	Event	Ranking / Status
1.	Waseem Chaudhari	Wrestling	2 <sup>nd</sup> Place
2.	Ramjan Garwe	Weight Lifting	3 <sup>rd</sup> Place

We gave Physical Fitness Training and coaching to all students which participated in Inter-Collegiate Tournaments.

### Colour-Holder:

Sr. No.	Name of Player	Event	Status	Place
1.	Waseem Chaudhari	Wrestling (86Kg.)	All India Inter University Tournament	Chaudhary Bansilal University, Bhiwani (Haryana)

### Sports Committee Members:

1. Prin. Dr. V. R. Kodape - Chairman
2. Prof. Anjali Barde - Convener
3. Prof. Onkar Pawar - Member
4. Dr. Baljeet Kaur Oberai - Member

All Students were selected by Sports Committee members for Inter Collegiate Tournaments.

## Games & Sports Achievement

2018-2019

**Waseem Chaudhari**

S. G. B. Amravati University Wrestling Team

All India Inter University

&

2<sup>nd</sup> Place in Inter Collegiate Tournaments



**Ramjan Garwe**

3<sup>rd</sup> Place in Weight Lifting  
Inter-Collegiate Tournaments





## International Yoga Day:

We Celebrated International Yoga Day on 21<sup>st</sup> June 2018 in our College. On this occasion we arranged a programme of Yogasanas and Pranayama. Yogasanas and Pranayama were demonstrated by Yoga Trainer Shri. Kiran Lawarwar of Art of Living Pariwar, Karanja.



## National Sports Day:

We Celebrated National Sports Day on 29<sup>th</sup> August 2018 in our College. On this occasion we organized Intramural Volleyball Tournaments. And on 30<sup>th</sup> August we organized a speech on **“Opportunities through Sports”** by Dr. Rajesh Chandravanshi, R. L .T. College, Akola.168 students were beneficiaries.



## Organization of Inter collegiate Women Table Tennis B-Zone Tournaments of SGBAU Amravati University:

We organized successfully Inter Collegiate Table Tennis Women's B-Zone Tournaments of S.G.B. Amravati University on Dated 18th to 20th September 2018 in our College. 26 Colleges were participated in this tournament.



## Physical Efficiency Test:

Physical Efficiency Test was conducted on 27<sup>th</sup> January to 1<sup>st</sup> February 2019.

175 Boys Student & 185 Girls Students of B.A. & B. Com. I & II Year were Participated in this Test. The College was sent Test Report to University.





## **Organization of Inter-Society Colleges Kabaddi Tournament:**

The Berar General Education Society, Akola organized Sports Meet from this year for all students which admitted in our Berar General Education Society Akola's Colleges.

In that Sports meet we organized Kabaddi Tournaments (M&W) in our College on 11<sup>th</sup> January 2019. In this Tournaments 4 Men Teams participated. Our Boys Team Win Final Match.

